

You Have a Right to a Safe and Healthful Workplace. IT'S THE LAW!

- ☐ You have the right to notify your employer or OSHA about workplace hazards. You may ask OSHA to keep your name confidential.
- ☐ You have the right to request an OSHA inspection if you believe that there are unsafe and unhealthful conditions in your workplace. You or your representative may participate in the inspection.
- ☐ You can file a complaint with OSHA within 30 days of discrimination by your employer for making safety and health complaints or for exercising your rights under the *OSH Act*.
- ☐ You have a right to see OSHA citations issued to your employer. Your employer must post the citations at or near the place of the alleged violation.
- ☐ Your employer must correct workplace hazards by the date indicated on the citation and must certify that these hazards have been reduced or eliminated.
- ☐ You have the right to copies of your medical records or records of your exposure to toxic and harmful substances or conditions.
- ☐ Your employer must post this notice in your workplace.



The *Occupational Safety and Health Act of 1970 (OSH Act)*, P.L. 91-596, assures safe and healthful working conditions for working men and women throughout the Nation. The Occupational Safety and Health Administration, in the U.S. Department of Labor, has the primary responsibility for administering the *OSH Act*. The rights listed here may vary depending on the particular circumstances. To file a complaint, report an emergency, or seek OSHA advice, assistance, or products, visit our website at www.osha.gov or call 1-800-321-OSHA or your nearest OSHA office:

Atlanta (404) 562-2300
Denver (303) 844-1600
San Francisco (415) 975-4310

Boston (617) 565-9860
Kansas City (816) 426-5861
Seattle (206) 553-5930

Chicago (312) 353-2220
New York (212) 337-2378
Teletypewriter (TTY) 1-877-889-5627

Dallas (214) 767-4731
Philadelphia (215) 861-4900

If you work in a state operating under an OSHA-approved plan, your employer must post the required state equivalent of this poster.

1-800-321-OSHA



www.osha.gov

Occupational Safety
and Health Administration

U.S. Department of Labor

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